

# A Care Partner's Experience with the Carebidet

by Mrs. Denise D.

My husband, Charles, has been living with Parkinson's disease for 17 years. Six years ago, he underwent deep brain stimulation, which made a tremendous difference in his tremors and rigidity. We were so grateful for that improvement. However, Parkinson's is progressive, and Charles still struggles with serious balance issues, a slow gait, and weakness in his legs. Unfortunately, those symptoms make him prone to falls.

Like many people with Parkinson's, he also experiences urinary frequency. **Getting up several times a night to go to the bathroom became one of our biggest concerns.** Each trip increased his risk of falling, and neither of us was getting a full night's sleep. As his care partner, I was constantly listening for movement, worried that I might hear a fall.

To reduce nighttime falls and improve our sleep, we decided to try the Carebidet through a 30-day trial. The company delivered the unit to our home, showed us how it worked, and even provided a registered nurse who stayed with us the first night to ensure everything went smoothly. I'll admit, at first it seemed a bit overwhelming. But **within a day or two, I felt completely comfortable operating it.**

Adding the Carebidet to our nightly routine does take 5 to 10 minutes at bedtime. However, that small investment of time has given us something priceless: the ability to sleep through the night without the constant fear of a fall. After just a few weeks, **we knew it was something we wanted to purchase.**

The Carebidet has benefits beyond fall prevention. It cleanses and gently dries Charles after toileting, keeping him clean and dry throughout the night. This has helped **reduce concerns about urinary tract infections, skin issues, and odors. Most importantly, it preserves his dignity.** He does not have to rely on me or an outside home care service for hands-on cleaning, which means so much to both of us.

Medicare does not currently cover the Carebidet, and it is an investment. However, when we **compared the cost to hiring overnight care** which can easily exceed \$4,000 per month—it made financial sense for us. More importantly, it allows Charles to remain at home safely and comfortably.

We truly believe the Carebidet will continue to support us as Parkinson's progresses. For our family, it has been a meaningful step toward safety, better sleep, and preserving dignity.

